



# Autism alert cards



A personalised alert card to help tell people how you feel in emergency situations



Leeds Autism AIM is part of Advonet, an advocacy charity in Leeds - [advonet.org.uk](http://advonet.org.uk)

# How the cards work

Our personalised autism alert cards are different from other ones. They have whatever you want on there to explain how being autistic affects you.

On the front, you have your name and whether you would like to be called "an autistic person" or "a person with autism".

On the back, you can have whatever you like that describes your autism e.g. struggling to talk when stressed. On the bottom, you can put an emergency contact.

## Getting an alert card

To get an alert card, you can either email us, fill in a form or come along to our Tuesday drop-in. Then, we'll go through it with you.

### CONTACT US



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